

Youth Empowering Youth Programs

Summer is just around the corner! We are excited to announce four open **Youth Empowering Youth (YEEY) programs** this summer for your youth ages 13-18. You can [register](#) for this free online-program now and share this information with the youth you work with. More information about the program and how to register is included below and attached you will find a one-page information sheet on the YEEY program.

You can choose one of the following timings that best works for you:

- Sundays 10:00- 11:30 a.m. (PST) June 6- Aug 1
- Saturdays 6:00- 7:30 p.m. (PST) July 3- Aug 28
- Sundays 1:00- 2:30 p.m. (PST) July 25- Sep 19
- Mondays 7:00- 8:30 p.m. (PST) Aug 23- Oct 18

[Introduction of YEEY Program](#) - A message from our co-founders Matthew and Lev

[Testimonial from a youth graduate](#)

About the Program

YEEY is a nine-session accelerated program, run by two trained Facilitators who are passionate about helping youth. The program is offered in an online class setting that encourages student participation. Each class shares a new principle which builds upon the previous principle; ultimately helping students take accountability for their thoughts, feelings and actions; thus, moving them into a place of confidence, security and self-assurance. Upon completion of this program, youth are offered an opportunity to take on a leadership role and co-facilitate future courses to help empower more youth within their school or community. YEEY curriculum is a derivative from the Slight Edge Principles. The principles shared during this nine-week program are as follows:

Session 1 – Ripple Effect

Session 2 – Attitude Creates Your Life

Session 3 – The Moment You Stop Blaming, You Take Back your Power

Session 4 – Take Action! With Small Steps

Session 5 – Fail Forward to Success

Session 6 – Drive Your Life with Powerful Habits

Session 7 – Be a Student of Life

Session 8 – Momentum is your Responsibility

Session 9 – Graduation & Next Steps

About the Organization

YFY is a program of Low Entropy, a registered Charity that is making personal growth accessible to all, and in doing so providing people with the tools to change themselves and the world. What's unique about our program is that it has a template and a structure to foster growth and development in an intentional, adaptable, customizable, and scalable way. Change starts from within, and we see personal growth as a vehicle for global change. More information on Low Entropy and the Youth Empowering Youth program can be found at our [website](#). Register for our newsletter at <https://lowentropy.org/newsletter/>

Vision

We inspire youth to be accountable for their own thoughts, feelings and actions; helping them become responsible citizens in this world. Our vision is to help all schools across the world create a culture that empowers, strengthens and develops leaders for the next generation.

Mission

To create a safe environment for youth to cultivate a sense of security, confidence and self-assurance within themselves.

Outcome

We all have unique gifts and intrinsic value to offer to the world. Our program will serve as a catalyst to help youth explore their talents and contribute to the community in a powerful, positive and meaningful way.

After Graduation

Upon completion of this program, youth have the opportunity to take on a leadership role and co-facilitate future programs to help empower more peers! This is a unique pathway for youth to gain knowledge and apply what they have learned from the program in an engaging way to make an immediate impact.

Registration

To register, please click the [link](#), fill out the form and submit it to book a spot in our upcoming program.

For more information contact Shawna Deagle, Community Liaison, at shawna@lowentropy.org or [604.314.6102](tel:604.314.6102).