HiT 2021 Humanitarians in Training Conference

I am very grateful to have attended the Humanitarians in training conference held by UBC and SFU students annually each year. They offered 5 workshops: Food security, equal access to education, diseases of poverty, inequality and consumerism: at the price our planet and each participant was able to attend 3 of those including the main conference where they invited guest speakers Jowett Wong and Dr. Erva Nur Cinar: Two amazing Humanitarians working for the better of this world. Dr. Erva Nur Cinar is a humanitarian working on a project to help refugees from Turkey. Jowett Wong was part of an organisation called Global Medic which helps people all over the world fight issues such as access to clean water, Food, Education etc. which was followed by Q & A.

The second workshop I attended was food security. A conference meant to teach us about how we as youth can make a difference to this issue. We read an article as a group and discussed /compared the modern world to earlier times and how the wastage of food has increased. One astonishing fact I learned was that one third of the world's edible food is wasted each year – and that's meant to grow as the population will. An estimated 1.3 billion tonnes of food is wasted globally each year, one third of all food produced for human consumption!

The third and final workshop I attended was equal access to education. A workshop where we played a role play game as a group to try and figure out the meaning behind each role. This was very intriguing because I got to hear the opinions of different people and ages in the group.

I think what I loved most about this conference was how they used real life examples to get us thinking about these humanitarian issues.

At the end of the 6 hour session we had a Q and A session for the founders of young youth empowered organisations such as The Star fish, Beyond the conversation and Refood; three Non – profit organisations working to help our planet become a better place. Attached below will be the links to their websites which offer volunteering options for youth like us.

Here is the link to Starfish Canada; a community that supports environmental sustainability:

The Starfish Canada

Here is the link to Beyond the conversation; an organisation with a goal to reduce the pain of social isolation and loneliness:

Beyond The Conversation – Ending Social Isolation

And finally Refood; and organisation that helps fight food security to reduce the amount of food waste:

Refood | Less organic waste. More healthy food.