

I was able to attend the HIT 2021 Humanitarians in training conference and I thought I was very informative. There were about 60 participants(most in highschool). They offered 5 workshops(equal access to education, diseases of poverty, food security, inequality, and consumerism: at the price of our planet). Each participant was able to attend and 3 of those. They also invited two guest speaker(Jowett Wong and Dr. Erva Nur Cinar. And finally for the 'take action' part of the conference, they welcomed speakers from Beyond the conversation, The Starfish, and Refood.

The first conference I attended was Inequality. We started by talking about the types of inequalities. Although, we mainly focused on racial and gender inequality. We discussed the basic meaning of race and ethnicity, giving us a base for that conference. Then we were sent to the breakout room, where we did an activity as a group. The second workshop was consumerism: at the price of our planet. I found this very interesting as this workshop was my last preference but once it started, it was completely different then I thought it would have been. This workshop focused on our planet and how we are killing it. We played many activities and games, which all brought us back to 'save our planet'. The third and final workshop I attended was Diseases of poverty. This workshop was very captivating and engaging, mainly because the activities were very thoughtful and fun to do. We learned how families go poor and what can be done to change the situation, through all the activities.

Jowett Wong was one of the guest speakers invited by the HIT conference team. He currently runs the RescUAV(drones) program at GlobalMedic. It is a registered Canadian charity that has provided disaster relief and life-saving humanitarian aid since 2002. He started by talking about a few of the places where he helped. Then he talked a little about the organization and how it works. The second guest speaker was Dr. Erva Nur Cinar. She is part of the Global Focal Point of the Humanitarian Affairs youth constituency. Dr. Cinar is also part of the project known as "Women and Girls Safe Space" in Turkey. This was followed by a Q and A for both the speakers.

Beyond the Conversation(<https://beyondtheconversation.ca/>) is a for-impact organization that is meant to reduce the pain caused by social isolation and loneliness. They do this through coffee meetings (now virtual), workshops, forums, annual events. The Starfish Canada(<https://thestarfish.ca/>) is a community that supports environmental sustainability.Refood(<https://refood.ca/>) is a registered Canadian charity that integrates suppliers and consumers to reduce the amount of food waste.